

***PAMELA M. BERTOLINO, M.S.W., L.C.S.W***

**Education:** Boston University School of Social Work, Boston, MA-M.S.W.-May 1988

Merrimack College, North Andover, MA - B.A. Psychology-May 1986

**Licensure:** L.C.S.W. North Carolina C005646

L.I.C.S.W. Massachusetts 1018776

**Work Experience:**

- |                    |  |                                 |
|--------------------|--|---------------------------------|
| 9/12-present       | Peace of Mind, Inc.  | Lillington, NC                  |
|                    | Psychotherapist and Clinical Supervisor-Specializing in short-term psychotherapy with Individuals, couples and groups. Supervision of MSW's and students.  |                                 |
| 11/13-present      | Holly Hill Hospital  | Raleigh, NC                     |
|                    | Mobile Crisis Counselor-Crisis counseling, stabilization and referral of acute Emergency Department patients.  |                                 |
| 2/08-6/13          | Wake County Human Services Behavioral Health   | Raleigh, NC                     |
|                    | Psychotherapist-Responsible for the treatment and medication management of a very diverse and severely mentally ill population. Coordination with psychiatrist and part of an integrated treatment team. Supervision of MSW and BSW students, networking with primary care physicians and responsible for initiating and coordination of the integrated care model of practice through a multi-agency grant. |                                 |
|                    | Awarded 2010 Employee of the year.   |                                 |
| 9/01-present<br>NC | Private Practice   | Stoneham, MA, Fuquay-Varina, NC |
|                    | Psychotherapy Services for individuals, couples, families and groups.  |                                 |
| 11/04-1/07         | Hallmark Health Community Counseling Services  | Medford, MA                     |
|                    | Psychotherapist-outpatient psychotherapy for a wide variety of psychiatric issues.   |                                 |

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Affiliated with Lawrence Memorial Hospital Geri psychiatric inpatient unit.

- 12/99-2/02      Tri-City Mental Health and Retardation Center      Wakefield, MA  
Outpatient Psychotherapy services for an indigent and severely mentally ill population.
- 12/98-2/02      New Passages, P.C.      Winchester, MA  
Psychotherapy services for individuals and families, specializing in short term, solution focused treatment.
- 12/97-11/98      Sun Healthcare, Meadowview Rehabilitation and Nursing Center      N. Reading, MA  
Director of Social Work Services-responsible for providing counseling and support to patients and families around nursing home admission; supervision of staff; marketing and discharge planning.
- 10/95-3/98      Wilmington Family Counseling Service, Inc.      Wilmington, MA  
Individual, family, marital and group psychotherapy; case consultation. Running groups for adolescent girls.
- 11/94-1/98      Bay Colony Outpatient & Family Service, Inc.      Woburn, MA  
Providing Geri psychiatric assessment and treatment, coordination of treatment teams and staff consultation and supervision in various nursing homes.
- 11/92-11/94      Emerson Hospital      Concord, MA  
Responsible for psychosocial assessment in the context of an interdisciplinary team in a medical hospital. Treatment of individuals, families, and couples; family support group, emergency Department –crisis intervention; addiction recovery program; and outpatient psychotherapy.
- 7/90-11/92      Arbour Hospital      Jamaica Plain, MA  
Inpatient psychiatric hospital- Psychosocial assessment and treatment; case Coordination; responsible for integrating the care of a very diverse population of Psychiatric, geriatric and substance abuse patients and their families in a short-term

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Setting. Student Supervision and training.

9/87-7/90

McLean Hospital

Belmont, MA

Clinical Internship which lead to a position as Clinical Social Worker. Rotation on all treatment units; Child Relative Program, Neurobehavioral Unit; Outpatient Psychotherapy.

**SPECIALTY CONFERENCES AND WORKSHOPS IN THE LAST 5 YEARS:**

3/27/08 “The Therapeutic Process-Fruitful Folly” Holly Hill Hospital, Raleigh NC, 1 ceu

3/27/08 “Mental Health Problems Among Active and Reserve Component Soldiers Returning from Iraq and Afghanistan” Southern Regional AHEC Fayetteville, NC, Southern Regional AHEC, -2.25 ceu

4/4/08 “Two Worlds Unite Symposium-Bridging the divide” MAHEC Asheville, NC 6 ceu

4/15/08 “Psychiatric Medication Review” , Wake County, Raleigh NC 1.5 ceu

5/6/08 “Anger Management” Wake County, Raleigh NC 1.5 ceu

5/20/08 “Alcoholics an overview” Wake County Raleigh NC 1.5 ceu

6/3/08 “Principles of Family Therapy” Wake County Raleigh NC 1.5 ceu

6/17/08 “The Importance of Schizophrenia” Wake County Raleigh, NC 1.5 ceu

6/19/08 “Depression in Primary Care Settings” webinar 1 ceu

6/19/08 “Pediatric Bipolar Disorder” ICARE partnership webinar 1 ceu

6/30/08 “Adult Depression” Icare Partnership webinar 1 ceu

7/15/08 “DBT Origins” Wake County Raleigh, NC 1.5 ceu

8/5/08 “DBT Principles for Individual Therapy” Wake County Raleigh, NC 1.5 ceu

8/19/08 “The Hidden Cost of War: Treatment Issues for Returning Veterans” Wake County, Raleigh, NC 1.5 ceu

8/21/08 “Bipolar Disorder in Primary Care Settings” webinar 1 ceu

9/2/08 “Assessing Substance Abuse” Wake County Raleigh NC 1.5 ceu

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- 9/18/08 “Major Depressive Disorder-Latest Evidence based treatment. Webinar 1 ceu
- 10/17/08 Basic Introduction to Interpersonal Psychotherapy ( IPT) for Depression Raleigh, NC 6 ceu
- 10/21/08 Problem Gambling Part I Wake County Raleigh NC 1.5 ceu
- 11/18/08 “Adolescent Substance Abuse 101” webinar 2.75 ceu
- 2/3/09 “Integrated Care” Wake County Raleigh, NC 1.5 ceu
- 2/17/09 Family Therapy: An Overview Wake County Raleigh NC 1.5 ceu
- 3/21/09 “Two Worlds Unite Conference on Integrated Care” Chapel Hill, NC 6 ceu
- 5/27/09 Ethical and Legal Issues in psychotherapy Wake County Raleigh, NC 4 ceu
- 7/21/09 “Motivational Interviewing” Wake County Raleigh, NC 1.5 c.e.u.
- 9/1/09 “Matrix Outpatient Modes” Wake County Raleigh, NC 1.5 ceu
- 9/1/09 Mental Health/Substance Abuse Issues of Veterans of Combat in Iraq and Afghanistan. Wake County Raleigh, NC 1.5 ceu
- 9/9/09 Bipolar Depression: Treatment and Diagnosis webinar 1 ceu
- 11/4/09 “Ethics for the visible helper” Wake County Raleigh NC 4 ceu
- 11/21/09 “Survivors of Suicide” Wake AHEC Raleigh, NC 4 ceu
- 3/2/10 Introduction to Matrix Outpatient Treatment Model Wake County, Raleigh, NC 1.5 ceu
- 3/4/10 Secondary Trauma Wake County Raleigh, NC 1.5 ceu
- 3/16/10 Overview of STEPPS and Comparison to DBT. Wake County Raleigh, NC 1.5 ceu
- 5/4/10 Wake County Informed Consent and Competency Raleigh, NC 1.5 ceu
- 5/18/10 Historical Perspectives of Same Sex Relationships, Wake County Raleigh NC 1.5 ceu
- 5/19/10 Case for Collaborative Care Wake AHEC webinar 1 ceu
- 6/9/10 Psychopharmacology in Primary Care Wake AHEC webinar 1 ceu
- 8/3/10 Psychiatric Meds Update, Wake County Raleigh, NC 1.5 ceu
- 8/17/10 Mindfulness and Health Wake County Raleigh, NC 1.5 ceu
- 2/1/11 Dry Mouth Wake County Raleigh, NC 1.5 ceu

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4/2/11 “DBT” NASW Raleigh, NC 3.5 ceu

5/3/11 Continuum of care for elderly with dementia, Wake County Raleigh NC 1.5 ceu

5/18/11 “Prolonged Exposure Therapy for PTSD” Raleigh, NC 6 ceu

5/25/11 Clinical Applications of Motivational Strategies, webinar 3 ceu

6/7/11 Co-existing Substance Abuse and DD Wake County Raleigh NC 1.5 ceu

8/30/11 Advanced Ethical Issues Wake County Raleigh NC 4 ceu

12/22/11 Group Dynamics and Implications of CBT Wake County Raleigh NC 6 ceu

5/1/12 Person-Centered Treatment Planning. Wake County Raleigh, NC 1.5 ceu

5/9/12 Psychopharm. Update for Non prescribers Wake AHEC Cary, NC 3 ceu

6/15/12 Ethics-Know your code, live your code Wake AHEC Cary, NC 4 ceu

6/19/12 Group CBT for Depression. Wake County Raleigh, NC 1.5 ceu

7/5/12 “How to treat Anxiety” Reid Wilson Phd, Wake County Raleigh NC 2 ceu

8/21/12 Evidenced Based Psychosocial Treatments for SPMI Wake County Raleigh NC 1.5 ceu

8/18/12 An Online Training Course : Trauma Focused CBT . Medical University of South Carolina and The National Center for Child Traumatic Stress. 10 ce

9/4/12 An Online Training Course for Using TF-CBT with childhood traumatic grief. Medical University of South Carolina and The National Center for Child Traumatic Stress. 6 ceu

9/12/12 “Emergency Shelter Worker Training” Wake County and Red Cross , 3 ceu

9/14/12 “Foundations of Disaster Mental Health” , Red Cross, 3 ceu.

9/26/13 Substance Abuse Treatment for Adolescents, Sanford, NC 2 ceu.

9/27/13 Fetal Alcohol Syndrome-NASW 1 ceu.

10/10/13 Developing Multiple Income Streams-NASW 1 ceu.

10/12/13 Grief and Loss, NC State Veterinary School-NASW 3 ceu.

10/15/13 CPR and First Aid Training Harnett County 4 ceu.

10/16/13 NCI Sandhills Training 4 ceu.

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11/6/13 Bullying Awareness and Prevention Harnett County 1.5 ceu.

12/5/13 Spiritual Assessments in Psychotherapy NASW 1 ceu.

3/9/14 Risk and Substance Abuse and Assessment in Sexual Minority Groups, NASW 1 ceu.

3/14/14 Social Work in A Digital Age: Ethical and Risk Management Challenges, NASW 3 ceu.

6/18/14-6/20/14 Perinatal Mood and Anxiety Disorders: Components of Care: UNC School of Medicine and PSI. Specialty Certificate, 15 ceu.

11/20/14 Review of HIPPA Security Rule, NASW 1 ceu.

9/15/15 Veritas Collaborative on Eating Disorders, 5.5 ceu.

**Presentations:**

2/3/09 : “Integrated Care a Collaborative Model” with M. Sved, MD to Wake County Human Services.

4/9/09 “Integrated Care a Collaborative Model” at Apex Family Medicine, Apex, NC

8/13/13 “Teamwork” Presentation to employees at Fayetteville State University

4/5/14 “Postpartum Depression” presentation to Harnett/Lee Family Collaborative.

**Awards:**

Awarded Wake County Employee of the Year in 2010

Certification: CPR Certified

Organizations: NASW