

***William R. Powell, LPC-S, MSED, NCC, LMHC***

***Peace of Mind, Inc.***

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**EDUCATION:**

***Master of Science in Education. Counseling Program.***

**The Graduate School, Alfred University, Alfred NY. May, 1999.**

Coursework in DSM-IV and differential diagnoses; Counseling Theory and Principles; Counseling Profession; Career Development; Group Dynamics; Human Development & Life Span; Multicultural Counseling; Psychological Testing; Research and Design; Statistics; Contemporary Issues in Agency Counseling; Supervised Practicum; Supervised Internship.

***Master of Divinity.***

**Asbury Theological Seminary, Wilmore, KY. May 1987.**

Coursework in Pastoral Counseling; Evangelism; Christian Education; English Bible Study; Greek Exegesis; Hebrew Exegesis; Homiletics; Story-telling; Latin; Studies in St. Augustine; Ancient Near Eastern Texts; Practical Internship.

***Bachelor of Art in Religion/Philosophy.***

**Roberts Wesleyan College, Rochester, NY. May 1983.**

Liberal Arts education with the concentration in Christian religion. Graduated Summa Cum Laude.

**AWARDS/HONORS:**

- Cambridge Who's Who 2009
- Cambridge Who's Who Among Executives and Professionals in Religious Services "Honors Edition" 2007-2008
- Lexington's Who's Who, 12/99
- International Who's Who of Professionals, 01/99.
- The National Dean's List, 21<sup>st</sup> Annual Edition, 04/98.
- Who's Who in the East, 27<sup>th</sup> Edition, 05/98.
- Who's Who in Religion, 1992, 1993.
- Who's Who in American Christian Leadership, 1989.
- summa cum laude Graduate, Roberts Wesleyan College 1983
- Who's Who in American Colleges and Universities, 1983.
- The National Register of Outstanding College Graduates, 1983.
- Alpha Kappa Sigma National Honor Society, 1983.
- Salutatorian Graduate, Madison High School, Lore City, OH 1971.
- National Honor Society, 1970-1971.

**PROFESSIONAL EXPERIENCE:**

- January 2008 to Present  
***Licensed Professional Counselor - Supervisor***  
Peace of Mind, Inc., Lillington, NC  
Individual and family counseling. Specializing in Trauma and Grief. Also issues addressed include depression, anxiety, gender and identity exploration, family and relationship issues, relaxation and coping skills.
- April 2000 - November 2007  
***Licensed Mental Health Counselor.***  
Family Service Society, Corning, NY  
Family Counseling Services – ACT Program Coordinator  
Educating men who are mandated to the ACT Program (a Batterers Education Program) from local courts to hold them accountable.
- May 1999 - May 2000  
***Counselor.***  
M.A.T.C.H. (Substance Abuse Rehab), Hornell, NY.  
Individual and group counseling for people in recovery of alcoholism and substance addiction. They have such issues as: alcohol and drug abuse, depression, anxiety, anger, gender and identity exploration, eating disorders, family and relationship problems, pregnancy, and grief issues. Administration, scoring and interpretation of inventories and assessments. Coping skills
- August 1998 - May 1999  
***Counseling Graduate Intern.***  
Counseling Center at Houghton College, Houghton, NY.  
Individual and group counseling for college students with issues such as: depression, anxiety, anger, gender and identity exploration, eating disorders, family and relationship problems, pregnancy, alcohol and drug abuse, pre-marital counseling, and grief issues. Administration, scoring and interpretation of inventories and assessments. Career counseling. Study skills.
- September 1996 – May 1999  
***Chaplain***  
St. James Mercy Hospital, Hornell, NY.  
Individual support for patients at the hospital. Spirituality groups for MATCH (Alcohol Rehab Program), adolescent psychology unit, adult psychology unit and psychological day care. Sacramental duties.
- July 1991 – July 1992  
***Chaplain***  
Mountain Valley Hospice, Gloversville, NY  
Coordinated chaplain patient care. Served on Quality Assurance Committee.
- June 1988 – July 1989  
***Assistant Chaplain***  
Visiting Nurse – Hospice, Kent, OH  
Assisted with chaplain care.
- July 1987 - Present  
***Pastor***  
Free Methodist Church, Indianapolis, IN.  
Served as a pastor in Kent, OH; Gloversville, NY; and Hornell, NY.  
Duties which include pastoral counseling with issues such as depression, relationship problems, alcohol abuse, sexual abuse, and pre-marital counseling. Sacramental duties. Committees.

**CREDENTIALS:**

- Licensed Professional Counselor - Supervisor – License # S6861. 06/12
- Licensed Mental Health Counselor – License # 000242. 01/06.
- NCC – Certificate # 56621. 07/01
- Ordained Elder 07/88 Free Methodist Church
- Ordained Deacon 07/84. Free Methodist Church.

**PRESENTATIONS:**

- *Stress*, DuPont, December 15, 2014
- *Stress*, DuPont, December 8, 2014
- *Stress*, DAK, October 9, 2014
- *No Such Thing as a Perfect Parent*, Novartis, October 24, 2013.
- *Learning to Relax*, Novartis, September 26, 2013.
- *Establishing Bedtime Routines that Work*, Novartis, August 22, 2013.
- *The Impact of Attitude on Work and Life*: Esterline, August 15, 2013.
- *Stress Management*, Lee County Crisis Intervention Team Training, August 15, 2013.
- *Becoming a Team Player*: Fayetteville State University, August 13, 2013.
- *Natural Consequences: Disciplines that Works*: Novartis, May 23, 2013.
- *Building your Child's Self-Esteem*, Novartis, March 7, 2013.
- *Developing Your Creative Side*, Esterline, October 10, 2012.
- *Stress Management*, Lee County Crisis Intervention Team Training, July 26, 2012.
- *Community Response to DV (District Attorney's Office)*, September 21& 25, 2006.
- *ACT Program, Community Response to Domestic Violence*, Corning Community College, Corning NY , November, 2005.
- *ACT Program, Community Response to Domestic Violence*, Corning Community College, Corning NY , November, 2003.
- *Effectively Dealing with Grief*, Pastor's Training Day, Genesee Conference of Free Methodist Church, Warsaw, NY, June 2003.
- *A Typical Response to Domestic Violence*, Steuben County Magistrates Association Training Day, Atlanta, NY, June 2003
- *Involving the Church in Substance Abuse Prevention*, Presented with Norman Wetterau, MD, Nunda, NY. North American Association of Christian Social Worker Annual Convention in Rochester, NY, November 2002.
- *Respect, Responsibility and Reality – Overcoming Domestic Violence*, National Organization of Forensic Social Workers, in cooperation with the National Council of Juvenile and Family Court Judges 19<sup>th</sup> Annual Conference, St. Louis, MO, 2002.
- *Grief Recovery*, Family Service Society, 2001.
- *What's in it for our organization: Welfare to Work, an employer's approach*, Family Service Society, 2001
- *Steuben Co. Response to Domestic Violence*, Bath, NY Kiwanis Club, 2001
- *Steuben Co. Response to Domestic Violence*, Steuben Co. Magistrates Association, 2000
- *Multicultural Considerations in Counseling*, Theory in Counseling and Psychotherapy, Houghton College, 1999.
- *The Utilization of Spirituality in Volunteer Care*, Interfaith Volunteer Care-Givers, Hornell, NY 1998.
- *Grief Recovery*, Group Counseling, Alfred University, 1998.
- *Paradigm of Change*, Contemporary Issues in Agency Counseling. Alfred University 1998

- *Conduct Disorders*, Contemporary Issues in Agency Counseling. Alfred University. 1998.
- *Spirituality in Hospice Care*, Mountain Valley Hospice, Gloversville, NY, 1991.

## TRAININGS ATTENDED

- June 13, 2015, *Military Cultural Competence*. Relias Learning.
- June 16, 2014, *ADHD*. ce4less.com
- April, 2, 2014, *Ethics of Supervision*, EAHEC.
- March 28, 2014, *Connecting Faith Resources with Mental Health*, Wake AHEC.
- December 11, 2013, *Clinical Supervision: A Relational Approach*, EAHEC.
- October 16, 2013, *NCI Interventions – Prevention and Alternatives – Part A*, NCI Interventions.
- October 8, 2013, *From DSM-IV-TR to DSM 5: What Specifically is Changing*. SR-AHEC.
- December 26, 2012, *The Impact of Deployment and Combat Stress on Families and Children, Part I: Families and Deployment*, Essential Learning.
- December 26, 2012, *Hope for the Future: Career Counseling for Military Personnel and Veterans with Disabilities*, ACA
- December 26, 2012, *What's Crazy in a Combat Zone? One Soldier/Counselor's First-Hand Experience*, ACA.
- December 5, 2012, *Life after the War: Battling with Post Traumatic Stress and Suicide*, ACA.
- November 30, 2012, *Understand Military Culture as a First Step in working with Military Families*, ACA.
- November 30, 2012, *Military OneSource ValueOptions Provider Administrative Annual Review*, Essential Learning.
- November 7, 2012, *Transforming Trauma through Energetic Healing*, ACA.
- October 24, 2012, *Adapting to Stress: Lessons from Resilient POW, Special Forces and Others*, ACA.
- May 11, 2012, *Working with Traumatized Youth*, Lee Harnett Family Support Program
- February 19, 2012, *Military Cultural Competence*, Essential Learning and Military OneSource.
- February 19, 2012, *Military OneSource ValueOptions® Provider Orientation Webinar*, Essential Learning and Military OneSource.
- January 30-31, 2012, *Motivational Interviewing*, NC Council of Community Programs.
- October 25-26, 2011, *Clinical Supervision in Behavioral Healthcare: Meeting the Service Definition Requirements*, NC Council of Community Programs.
- May 30, 2011, *Substance Abuse: Clinical Issues in Intensive Outpatient Treatment*, CEU by Net.
- May 26, 2011, *Military Family Issues*, SEAHEC.
- April 17, 2011, *Managing Change within the Traditional Chemical and Substance Dependency Culture under Managed Care*, CEU by Net.
- April 17, 2011, *Deployment and Reintegration in Wartime*, CEU by Net.
- March 6, 2011, *EAP Services for Military Personnel and Families*, CEU by Net.
- November 12, 2010, *Supervisory Relationship; Our Professional Selves in the Consulting Room*, Vaac Counseling.
- September 21, 2010, *Legal Issues in Behavioral Health in NC; Legal and Ethical Considerations*, Premier Education Solutions.

- July 23, 2010, *Play Therapy Specific Supervision*, Vaac Counseling.
- July 23, 2010, *Addressing Spiritual and Religious Issues in Clinical Supervision*, Vaac Counseling.
- June 25, 2010, *Challenges in the Clinical Supervision of Substance Abuse Counselors*, Vaac Counseling.
- June 18, 201, *Ethical & Legal Standards and Practices in Clinical Supervision*, Vaac Counseling.
- June 11, 2010, *Clinical Supervision 101*, Vaac Counseling.
- May 29, 2009, *TF-CBT*, Eastern AHEC.
- September 26, 2008, *Introduction to Child Centered Play Therapy*, UNC Charlotte.
- September 6, 2008, *Online TF-CBT*, MUSC.
- August 10, 2008, *EMDR Basic Training*, EMDRIA.
- March 28, 2008, *Paint a Moving Train*, Coastal AHEC.
- February 20, 2008, *HIV...Ethical Considerations*, NCCA.
- January 14, 2008, *Neurobiology of Complex Trauma*, NCTSN.
- October 30, 2007, *PTSD: What is PTSD*, VA Learning University.
- March 27, 2007, *NY Model for Batterer Program*, VCS Community for Change.
- March 23, 2007, *When Push Comes to Shove*, David Wexler.
- October 20, 2006, *DV Training for Law Enforcement with Bob Passanno* –DART
- October 13, 2006, *Understanding and Treating Self-Injury*, FSS Learning Institute
- September 22, 2006, *Frontiers of Trauma Treatment: The roles of attention, memory, arousal modulation and the therapeutic relationship*, – FSS Learning Institute.
- May 23, 2006, *Safe at Home: Seek Solutions for Adult and Child Victims of Family Violence*, Niagara Falls Convention Center
- May 19, 2006, *A Day with Dr. Thomas Phelan: 1-2-3 Magic Program* – FSS Learning Institute
- October 18, 2005, *Conference on Hate Crimes and Violence Against Women*, YMCA of Elmira and Twin Tiers.
- May 18, 2005, *Betrayed as Boys, Boyhood Sexual Abuse*, Richard Gartner, PhD – FSS Learning Institute.
- October 29, 2004, *Women & Anger* -- FSS Learning Institute
- June 24, 2004, *Stalking: It's Real, It's Dangerous, and It's a Crime!* – the Regional Learning Institute, RCST.
- March 28, 2003, *Tote-bag Play Therapy for School, Home or Office* -FSS Learning Institute
- March 14, 2003, *CLAYtherapy: A Manual of Therapeutic Applications of Clay with Children*. -- FSS Learning Institute
- June 7, 2002, *Positive Interventions to Use with Difficult Parents*, FSS Learning Institute
- October 18, 2002, *101 Favorite Play Therapy Techniques*, FSS Learning Institute
- May 17, 2002, *Violent, Suicidal and Self-Harming Adolescents: A Multisystemic Family Therapy Approach* -- FSS Learning Institute
- October 18-20, 2000, *Men Who Batter & Community Commitment to End Domestic Violence* – A National Training Institute
- March 2-3, 2000, *Alcoholism & Addiction Counselors Ethics* – Schuyler County Council on Alcoholism and Substance Abuse

#### **RELATED EXPERIENCE:**

- Clinical Supervision
- Trauma treatment
- Domestic violence education

- Drug and alcohol counseling
- Crisis counseling.
- College counseling.
- Pre-marital counseling.
- Depression, anxiety, and eating disorders.
- Family counseling.
- Grief counseling.
- Marriage counseling.

### **INVENTORIES ADMINISTERED:**

- About My Life – SIQ Form HS
- Beck Anxiety Inventory
- Beck Depression Inventory
- Career Direct
- Children’s Depression Inventory
- Choices Career Program
- DiSC Personal Profile
- DiSC Relationship Profile
- DSM 5 Inventories
- Domestic Violence Inventory
- Eating Attitudes Test
- Eating Disorder Inventory
- Marital Satisfaction Inventory
- MAST
- Minnesota Multiphasic Personality Inventory
- Myers-Briggs Type Indicator
- Outcome Questionnaire – OQ-45
- PREPARE Pre-Marital Inventory
- PTSD Screening
- SIGI II
- Self-Direct Search (SDS)
- Spence Anxiety Inventory
- Strong Interest Inventory II
- UCLA - PTSD
- WHODAS 2

### **PROFESSIONAL AFFILIATIONS:**

#### **Current**

- American Counseling Association
- American Mental Health Counselors Association

#### **Past**

- American Association of Christian Counselors
- New York Counseling Association, Inc.
- American Mental Health Counselors Association
- Association for Spiritual, Ethical, and Religious Values in Counseling
- Free Methodist Church of North America
- International Association of Marriage and Family Counselors
- Upstate Domestic Violence Regional Consortium, Seneca Falls, NY
- President, Hornell Ministerium, Hornell, NY 1995-1997.
- Kanisteo Valley Community Leaders, Hornell, NY, 1995-1997.
- Secretary/Treasurer, Fulton County Clergy Association, Gloversville, NY, 1991-1992.
- Secretary/Treasurer, Kent Ministerial Association, Kent, OH, 1988-1990.